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## HYDROPONIC FARMING : CULTIVATE THE FUTURE IN WATER

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### Abstract:

*Hydroponics is a modern farming technique that is gaining popularity due to its ability to produce high yields of crops in a limited space and with minimal resources. This research paper provides a comprehensive review of the advantages and limitations of hydroponics farming.*

*The paper begins with an overview of hydroponics farming, including its history, concept, types, and basic principles. It then examines the advantages of hydroponics, such as its potential to produce higher yields than traditional farming methods, the ability to grow crops in areas with poor soil quality, and the reduced use of water and pesticides.*

*The research paper concludes by emphasizing the importance of carefully evaluating the advantages and limitations of hydroponics farming before implementing it on a large scale. It also highlights the need for further research to optimize the system and address the challenges faced by hydroponic farmers.*

**Keywords :** Environment, Aeroponics, Soil-less agriculture, Modern method, Sustainable agriculture, Organic products.

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### Introduction :

Hydroponics is basically a contemporary method of horticulture or basically growing plants using farm produce, and the thing is without using soil. The method of hydroponics is nearly easy but it takes time to understand the method. In the method, crops are planted and grown on water. These crops are also found to be very efficient and filled with benefiting nutrients. According to the scientist's plants in hydroponics method have direct connection to the roots in form of 'aqueous solvent' instead of the soil.

Universally, Hydroponics is walking ahead but India encompasses a part of catching up to do. The reason behind this far reaching is profoundly useful in today's state of the world, where it may play a crucial part in being the back bone of the environment. The worldwide flexibility is the large number of benefits. For occasion, the strategy requires less work, and the yields are much higher as plants develop quicker as compared with the regular ranches. Hydroponics employments comparatively less water that's 20% of the water utilized within the ordinary editing strategies. There's indeed a huge number of benefits for the agriculturists who can develop crops out of the season with their claim imaginative combinations, and give more prominent nourishment and nourishment choice to the clients.

While this technology is gaining attraction, the thing that affects the farmers is its cost

of implantation. It is much higher than any normal traditional method of farming. The initial cost of setting up is only huge. Also, the other major equipments required are sensors, controllers, and pumps, lightning so as to take care of the crops and handle them. The correct percentage of temperature then the purified water and other important nutrients such as nitrate, phosphorus, potassium etc which helps in development of the plant nutrition because there will be no soil. The system also helps towards water efficiency. Hydroponics farming uses less than 10% of the volume of water that is used in traditional method of farming, and the water left out by the plants is even recycled.

The process of growing crops is very interesting: the roots of the plants are put in an absorbent inert medium, like in coconut husk, as a substitute of soil. Coco peat is basically used as a seed base instead of soil. Completely pesticide free, hydroponic farming is miles ahead of organic farming, as it nullifies the effects of harmful chemicals that might be present in the soil. Thus, consumers get the healthiest produce possible.

### **Concept of hydroponics farming :**

The term "hydroponics" is derived from the Greek words hydro (water) and ponos (labor). In hydroponic systems, plant roots are directly exposed to a nutrient solution, ensuring optimal uptake of minerals. Instead of soil, inert media such as coco peat, perlite, vermiculite, or rockwool may be used to support the plant structure.

### **Objectives of the study :**

Hydroponic farming is a modern method of growing plants without soil. Instead, plants are grown in a nutrient-rich water solution, which allows for faster growth and higher yields than traditional soil-based farming methods. The objectives of hydroponic farming are as follows:

- Hydroponic farming allows for efficient use of resources as the plants receive only the necessary amount they need to grow.
- Hydroponic farming enables higher yields of crops as plants grow faster and more uniformly in nutrient-rich water solutions.
- Hydroponic farming allows for faster growth of plants compared to traditional soil-based farming methods.
- Hydroponic farming offers better control over the growing environment, including temperature, humidity, and light.

Hydroponic farming produces consistent quality crops as the growing conditions can be closely monitored and adjusted.

### **Types of hydroponics farming :**

Hydroponic farming consists of various systems, each designed to meet specific crop and environmental requirements :

### 1. Wick System :

This is a passive system where nutrients are drawn to the plant roots through a wick. It is simple and suitable for small-scale or beginner use.

### 2. Deep Water Culture (DWC) :

In this system, plant roots are suspended in oxygenated nutrient solution. Air pumps provide oxygen, promoting faster growth.

### 3. Nutrient Film Technique (NFT) :

A thin film of nutrient solution continuously flows over the plant roots. This method is widely used for leafy vegetables

### 4. Drip System :

Nutrient solution is slowly dripped onto the base of each plant. This system is commonly used in commercial hydroponic farms.

### 5. Aeroponics :

Plant roots are misted with nutrient solution, allowing maximum oxygen exposure and rapid growth.

### Crop suitable for soil-less media :

Type of crops	Name of the crops
Cereals	<i>Oryza sativa</i> (Rice), <i>Zea mays</i> (Maize)
Fruits	<i>Fragaria ananassa</i> (Strawberry)
Vegetables	<i>Lycopersicon esculentum</i> (Tomato), <i>Capsicum frutescens</i> (Chilli), <i>Solanum melongena</i> (Brinjal), <i>Phaseolus vulgaris</i> (Green bean), <i>Beta vulgaris</i> (Beet), <i>Psophocarpus tetragonolobus</i> (Winged bean), <i>Capsicum annum</i> (Bell pepper), <i>Brassica oleracea</i> var. <i>capitata</i> (Cabbage), <i>Brassica oleracea</i> var. <i>botrytis</i> (Cauliflower), <i>Cucumis sativus</i> (Cucumbers), <i>Cucumis melo</i> (Melons), <i>Raphanus sativus</i> (Radish), <i>Allium cepa</i> (Onion)
Leafy vegetables	<i>Lactuca sativa</i> (Lettuce), <i>Ipomoea aquatica</i> (Kang Kong)
Condiments	<i>Petroselinum crispum</i> (Parsley), <i>Mentha spicata</i> (Mint), <i>Ocimum basilicum</i> (Sweet basil), <i>Origanum vulgare</i> (Oregano)
Flower / Ornamental crops	<i>Tagetes patula</i> (Marigold), <i>Rosa berberifolia</i> (Roses), <i>Dianthus caryophyllus</i> (Carnations), <i>Chrysanthemum indicum</i> (Chrysanthemum)
Medicinal crops	<i>Aloe vera</i> (Indian Aloe), <i>Solenostemon scutellarioides</i>

	(Coleus)
Fodder crops	<i>Sorghum bicolor</i> (Sorghum), <i>Medicago sativa</i> (Alphalfa), <i>Hordeum vulgare</i> (Barley), <i>Cynodon dactylon</i> (Bermuda grass), <i>Axonopus compressus</i> (Carpet grass)

**Advantages of hydroponics farming :**

Hydroponic farming has been extensively researched, and several findings have been made regarding its advantages and disadvantages. Some of the key findings of hydroponic farming are:

- **Increased Yield :** Hydroponic farming allows for faster plant growth and higher yields compared to traditional soil-based farming methods.
- **Efficient use of resources :** Hydroponic farming uses less water and fertilizer than traditional farming methods, as nutrients and water are precisely delivered to the plants.
- **Reduced Environmental Impact :** Hydroponic farming reduces soil erosion, water contamination, and pesticide use, which can have a significant positive impact on the environment.
- **Reduced Labor :** Hydroponic farming can reduce labor costs, as it requires less manual labor than traditional farming methods.
- **Higher initial investment :** The initial investment required for hydroponic farming is higher than that of traditional farming methods. This is because it requires specialized equipment, technology, and expertise.
- **Higher energy consumption :** Hydroponic farming requires a high amount of energy to maintain the necessary temperature, humidity, and lighting levels, which can increase energy costs.
- **Potential for disease :** If not properly managed, hydroponic farming can be more susceptible to disease and pest infestations.

Overall, hydroponic farming has several advantages, including higher yields, efficient use of resources, and reduced environmental impact. However, it also has some disadvantages, such as higher initial investment and higher energy consumption. Proper management is essential to avoid potential disease and pest infestations in hydroponic farming.

**Limitations and challenges faced :**

Hydroponic farming can offer many benefits such as increased crop yield, faster growth rates, and reduced water usage. However, there are also some challenges that hydroponic farmers may face. Here are a few examples:

- **Maintaining nutrient levels :** Plants grown in hydroponic systems rely entirely on the nutrients provided in the water. It can be challenging to ensure that the correct nutrient levels are maintained throughout the growing cycle, as the plants' needs can change

over time.

- **Disease and pest control :** Because hydroponic systems provide a controlled and often ideal environment for plant growth, they can also attract pests and diseases. It can be challenging to manage these issues without the use of harmful chemicals that could contaminate the water and harm the plants.
- **Power outages :** Hydroponic systems rely on electricity to pump water, regulate temperature, and provide artificial lighting. Power outages can cause significant problems for hydroponic farmers, as they can disrupt the delicate balance of the system and damage crops.
- **Cost of setup :** Hydroponic systems can be expensive to set up and require a significant initial investment. This can make it difficult for new farmers to get started, particularly if they are operating on a limited budget.
- **Water quality :** Hydroponic systems require clean, filtered water to prevent contamination and ensure optimal plant growth. Water quality can vary widely depending on the source, and it can be challenging to maintain consistent water quality over time.

Overall, while hydroponic farming offers many benefits, it also comes with some challenges that must be carefully managed to ensure success.

### Scope of hydroponics farming :

India's population is growing indiscriminately and this is one of the main reasons for the decreasing availability of agricultural land. As arable land is constantly shrinking, it is difficult to produce staple crops for a rapidly growing population. The hydroponic method will solve the problem of agricultural land in India in the future. More varieties of basic plants can be grown, and the consumption of soil and water is reduced or simply unnecessary.

What it would look like when grain is grown in the visible light spectrum and fresh food is available to everyone in the countryside. This could be the start of a new green revolution; witnessed by the millennials here.

Another major benefit of the development of hydroponic agriculture in India is the easing of the burden on the poor and the environment in which we breathe and survive. How does that happen? Because hydroponic farms require less space and water, and growth is alarmingly fast than traditional farming, fruits and vegetables grow quickly. If superfood is available to everyone, there is no fight against hunger. This innovative process also saves water, which means that water is available for many other purposes. Finally, hydroponic agriculture reduces the production of pests and weeds at an alarming rate. Therefore, the use of pesticides, insecticides and herbicides is reduced. The soil is not contaminated. So far, this technological revolution is marginal and much of the research is ongoing.

### Future prospects :

Hydroponics farming has been gaining popularity in recent years due to its many

benefits, including increased crop yields, reduced water usage, and the ability to grow crops in areas with poor soil quality. The future prospects for hydroponics farming look promising, and here are some potential developments that could shape the future of this farming method:

- **Technological Advancements** : The use of technology in hydroponics farming is likely to increase, with innovations such as smart sensors and artificial intelligence allowing for more precise control over plant growth and nutrient management. In addition, advancements in lighting technologies, including the use of LEDs, could further optimize plant growth and increase yields.
- **Expansion to New Crops** : Hydroponics farming has traditionally been used to grow leafy greens and herbs, but there is potential for expanding to other crops. For example, hydroponics could be used to grow crops like rice, wheat, and maize, which are typically grown in soil-based systems.
- **Integration with Urban Agriculture** : As the global population continues to urbanize, there is a growing need for sustainable food production in urban areas. Hydroponics farming could play a significant role in urban agriculture by allowing crops to be grown in areas where traditional farming is not feasible.
- **Increased Sustainability** : As concern about the environmental impact of agriculture continues to grow, there is potential for hydroponics farming to become even more sustainable. This could involve using renewable energy sources to power hydroponic systems, minimizing water usage, and developing closed- loop systems to recycle waste.
- **Commercialization** : Hydroponics farming has primarily been used by small-scale and hobbyist growers, but there is potential for commercialization on a larger scale. As demand for locally-grown produce increases, hydroponic farms could become more common and be used to supply produce to supermarkets, restaurants, and other commercial outlets.

### Conclusion :

In conclusion, hydroponics farming is a promising method of agriculture that offers several benefits, including faster plant growth, higher yields, and reduced water usage. However, proper nutrient and pest management, crop selection, and attention to the potential environmental impact are critical to the success of hydroponics farming. Ongoing research on hydroponics farming will help to further optimize this method of agriculture and expand its potential applications.

Hydroponic farming is a highly efficient and innovative method of agriculture that has numerous benefits over traditional soil-based farming. By eliminating the need for soil, hydroponics provides growers with greater control over nutrient uptake, water usage, and environmental conditions, resulting in higher yields and healthier crops. Additionally, hydroponic farming is more sustainable, using less water and pesticides, and producing less waste and pollution than traditional agriculture. Although hydroponic farming requires a significant upfront investment in equipment and infrastructure, it can provide a profitable and



environmentally friendly alternative to conventional farming methods. With continued research and development, hydroponic farming has the potential to transform the agricultural industry and contribute to a more sustainable future. The future of hydroponics farming looks promising, with advancements in technology, the expansion of crops, integration with urban agriculture, increased sustainability, and potential for commercialization. As research continues, it is likely that hydroponics farming will become an increasingly important method of food production in the coming years.

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